

Conclusion

The goal for surgical fistula repair is to close the fistula and to ensure that there is no on-going incontinence, allowing the woman to reintegrate back into her community, to conceive again if she wishes and to live a normal life. High quality, holistic nursing care is paramount to achieving this goal.

This book aims to educate and empower nurses looking after women who have sustained fistula and perineal tears. With better understanding of the devastating experiences these women have endured and by following the guidance offered, hopefully many more affected women can be helped and their lives significantly improved in the future.