

## Welcome to the course 'Hypertensive disorders in pregnancy' on behalf of the 1000+OBGYN consortium! (5 minutes)

### Introduction

This course is part of a project that aims to reduce maternal mortality in Sub-Saharan Africa by providing specialty training in Obstetrics and Gynecology. This training will be provided in a partnership between high-income and low- and middle-income countries (LMIC).

We hope that you find the course useful in whatever role you play in the reduction of maternal mortality, and that together we will find a way to sustainably improve the lives women, children, and the people who care for them in Sub Saharan Africa.

### Course objective

The objective of this course for learners is to understand the various hypertensive disorders in pregnancy including how to manage and prevent their associated complications

The long term goal is for women in these countries to have increased access to the best obstetric and reproductive healthcare from highly trained OB/GYNs.

This course is aimed at improving your knowledge about hypertensive disorders in pregnancy. During the course you will go through the following seven Learning Units.

1. Introduction
2. Gestational hypertension
3. Preeclampsia
4. Eclampsia
5. Chronic hypertension and superimposed preeclampsia
6. Healthcare systems
7. Clinical reasoning

Please make sure you plan at least one hour for each Learning Unit. If possible, try to finish one Learning Unit each day.

### Learning objectives

Every learning unit has different learning objectives. You will find the learning objectives listed at the beginning of every learning unit.

After finishing learning unit 1 "Introduction", you will be able to:

- Understand the objectives of the course
- Know the epidemiology of hypertensive disorders in pregnancy

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- Describe the pathophysiology of hypertensive disorders in pregnancy
- Identify patients at risk for hypertensive disorders in pregnancy
- Describe the usual clinical manifestation of hypertensive disorders in pregnancy

You may also have your own personal learning objectives. You can specify these in Learning Activity 1.4.

## Contributors

Course design and content has been developed under the auspice of the steering committee existing of:

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- Renée Filius MSc, Program Manager
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*Disclaimer: All of the recordings took place during a live seminar in Ghana, Accra. The quality can therefore not be representative for the usual course material delivered by Elevate Health.*

Many professors and doctors from the 1000+ OBGYN consortium were involved in course content delivery during the pilot course from June 22, 2014 and June 27, 2014:

- Victor Mbome Njie, representing the Ministry of Health in Cameroon
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## Online reference

This course is offered periodically as an instructor-facilitated interactive online course through Elevate Health at <http://www.elevatehealth.eu/obgyn2014>. It was first offered June 22, 2014 - June 27, 2014.

The course materials can also be freely accessed year-round through the Open.Michigan collection at University of Michigan at <http://open.umich.edu/education/med/resources/hypertensive-disorders-pregnancy/2014>.

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