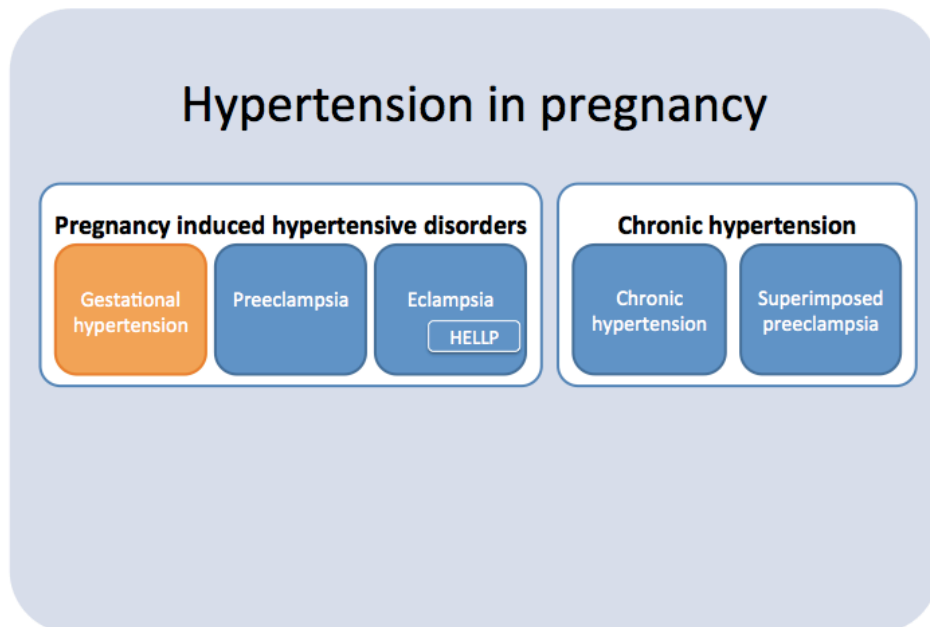


2.1 Gestational Hypertension - Introduction (5 min)

Welcome at Learning Unit 2, about **gestational hypertension** or **pregnancy-induced hypertension (PIH)**. The core activity of this learning unit is the development of a management plan for gestational hypertension.



Learning objectives

After this Learning Unit, you will be able to:

- Define mild and severe gestational hypertension
- Differentiate gestational hypertension from preeclampsia and chronic hypertension
- Access and utilize appropriate information systems and resources on hypertensive disorders in pregnancy
- Explain consequences of gestational hypertension to perinatal outcome and risk of progression to preeclampsia
- Describe and explain the antepartum, intrapartum and postpartum management of mild and severe gestational hypertension, including:
 - Assessment of maternal condition
 - Assessment of fetal condition
 - Delivery considerations, including timing and mode of delivery
 - Medication considerations, including antihypertensive drugs, analgesics and uterotonics
- Counsel patients on the risk for recurrence in future pregnancy and long term health consequences

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