

Trainee Self-Assessment



**[Subject Name]**  
 [Subject Status]  
 [Evaluation Dates]

Evaluator
<b>[Evaluator Name]</b> [Evaluator Status]

**Self-assessment is an important part of the process of professional growth. While completing your self-assessment, you should reflect on the Program goals and objectives, the ACGME competencies, and both verbal and written feedback from peers, supervising faculty, patients, and other members of the healthcare team. This evaluation will prompt self-reflection in a number of dimensions and requires comments on both perceived strengths and areas for improvement.**

[View with page breaks](#)

PATIENT CARE AND PROCEDURAL SKILLS

**1) Do you perceive that your skills in the following areas are appropriate for your level of training?**

- Interviewing and data collection
- Physical exam
- Appropriate use of diagnostic tests
- Technical and procedural skills
- Clinical judgment

YesNoUnsure

**2) Provide at least one example of your **strength** in Patient Care and Procedural Skills.**

Comment

Remaining Characters: 5,000

**3) Provide at least one **improvement goal** in this competency.**

Comment

Remaining Characters: 5,000

**4) Please note any **themes in the comments or feedback** you've received from evaluators about your Patient Care and Procedural Skills.**

Comment

Remaining Characters: 5,000

MEDICAL KNOWLEDGE

**5) Do you perceive that your skills in the following areas are appropriate for your level of training?**

- Fund of knowledge
- Evidence-based medical decision-making

YesNoUnsure

- 6) Provide at least one example of your **strength** in Medical Knowledge.

Comment

Remaining Characters: 5,000

- 7) Provide at least one **improvement goal** in this competency.

Comment

Remaining Characters: 5,000

- 8) Please note any **themes in the comments or feedback** you've received from evaluators about your Medical Knowledge.

Comment

Remaining Characters: 5,000

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#### PRACTICE-BASED LEARNING AND IMPROVEMENT

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- 9) **Do you perceive that your skills in the following areas are appropriate for your level of training?**

Actively seek and respond to formative feedback

Implement quality-improvement efforts

Educate patients, trainees and other healthcare professionals

Yes No Unsure



- 10) Provide at least one example of your **strength** in Practice-based Learning.

Comment

Remaining Characters: 5,000

- 11) Provide at least one **improvement goal** in this competency.

Comment

Remaining Characters: 5,000

- 12) Please note any **themes in the comments or feedback** you've received from evaluators about your Practice-based Learning.

Comment

Remaining Characters: 5,000

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#### SYSTEMS-BASED PRACTICE

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**13) Do you perceive that your skills in the following areas are appropriate for your level of training?**

- Team player, work well with others
- Open to suggestions from all team members and consultants
- Make cost-effective decisions
- Identify system errors and take steps to implement solutions
- Coordinate transitions in care (hand-offs, discharges, transfers) effectively
- Utilize supervision appropriately

Yes No Unsure



**14) Provide at least one example of your strength in Systems-based Practice.**

Comment

Remaining Characters: 5,000

**15) Provide at least one improvement goal in this competency.**

Comment

Remaining Characters: 5,000

**16) Please note any themes in the comments or feedback you've received from evaluators about your Systems-based Practice.**

Comment

Remaining Characters: 5,000

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INTERPERSONAL AND COMMUNICATION SKILLS

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**17) Do you perceive that your skills in the following areas are appropriate for your level of training?**

- Communicate effectively with patients and families
- Communicate effectively with physicians, peers, other health professionals, and consultants
- Respond promptly to pages, calls, and emails
- Maintain timely, legible, and comprehensive medical records
- Teach effectively

Yes No Unsure



**18) Provide at least one example of your strength in Interpersonal and Communication Skills.**

Comment

Remaining Characters: 5,000

**19) Provide at least one improvement goal in this competency.**

Comment

Remaining Characters: 5,000

- 20) Please note any **themes in the comments or feedback** you've received from evaluators about your Interpersonal and Communications Skills.

Comment

Remaining Characters: 5,000

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**PROFESSIONALISM**

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- 21) Do you perceive that your professional attributes in the following areas are appropriate for your level of training?

Compassion, integrity, respect for confidentiality  
Reliability, prioritization and accomplishment of professional responsibilities  
Fair distribution of work among junior members of the healthcare team  
Appropriate professional boundaries  
Take responsibility for actions and decisions  
Sensitive to and respectful of diversity

YesNoUnsure



- 22) Provide at least one example of your **strength** in Professionalism.

Comment

Remaining Characters: 5,000

- 23) Provide at least one **improvement goal** in this competency.

Comment

Remaining Characters: 5,000

- 24) Please note any **themes in the comments or feedback** you've received from evaluators about your Professionalism.

Comment

Remaining Characters: 5,000

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**CONCERNS**

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***For the following questions, please indicate whether or not you have received feedback from faculty, peers, or other healthcare professionals that they have concerns about you. Please provide comments if you answer "yes" to any of the questions in this section.***

- 25) Others have expressed concerns about my quality of care and/or patient safety.

YesNo



Comments

Remaining Characters: 5,000

26) Others have expressed concerns about my honesty, ethics, or integrity.

YesNo



Comments

Remaining Characters: 5,000

27) Others have expressed concern that I need extra help or perform below the expected level of training.

YesNo



Comments

Remaining Characters: 5,000

28) Others have expressed concern that I am not a team player.

YesNo



Comments

Remaining Characters: 5,000

29) Others have expressed concern that I am not receptive to teaching or feedback.

YesNo



Comments

Remaining Characters: 5,000

30) Others have expressed concern that I don't complete tasks in a timely manner.

YesNo



Comments

Remaining Characters: 5,000