

APPENDIX A: BOOKS, TRAINING MATERIAL AND SUPPLIERS

Books

Moir JC. *The Vesico-Vaginal Fistula*. London: Baillière, Tindall & Cox, 1961 (2nd edn. London: Baillière, Tindall & Cassell, 1967). Out of print, but a limited reprint of the second edition has been produced for the Addis Ababa Fistula Hospital and may be obtained from the hospital at Box 3609, Addis Ababa, Ethiopia, or from Brian Hancock at the address on page 156.

This classic monograph is an excellent introduction to fistula surgery.

Waaldijk K. *Step by Step Surgery of Vesico-Vaginal Fistulas*. Edinburgh: Campion Press, 1994. Available from Teaching Aids at Low Cost (TALC) Box 49, St Albans, Hertfordshire AL1 5TX, UK (info@talcuk.org).

This is valuable reading for any serious fistula surgeon. It is based on Kees Waaldijk's personal experience in Northern Nigeria, which is the largest in the world. It is very detailed and well illustrated, but the beginner might find some parts hard to follow. Dr Waaldijk's experience is constantly evolving and he is embarking on a new series of publications. The first, *Obstetric Fistula Surgery Art and Science: The Basics*, has just been released as a private publication (printed by Printmarkt.eu), obtainable from Dr Waaldijk in the Netherlands (kees.waaldijk@yahoo.com). It contains many gems of wisdom, and his logical classification is clearly explained and illustrated.

Goh J, Krause H. *Female Genital Tract Fistula*. Brisbane: University of Queensland Press, 2004. Available from the Medical Bookshop. University of Queensland. Herston Road, Herston, Queensland 4006, Australia (medicalbookshop@uq.net.au).

This is a comprehensive account of the whole range of obstetric and gynaecological fistulae, but is lacking in specific practical guidance.

Zacharin RF. *Obstetric Fistula*. New York: Springer-Verlag, 1987.

This is an excellent account of the historical aspects of fistula repair, but is of little help to a beginner. It contains a chapter about the early days of the Addis Ababa Fistula Hospital.

Hamlin C (with Little J). *The Hospital by the River*. Sydney: Pan Macmillan Australia, 2001/Oxford: Monarch Books, 2004.

This is a very enjoyable account of Catherine and Reg Hamlin's life and work at the Addis Ababa Fistula Hospital.

Training material

Lewis G, de Bernis L, eds. *Obstetric Fistula: Guiding Principles for Clinical Management and Programme Development*. Geneva: World Health Organization, 2006. Available online at www.who.int/reproductive-health/docs/obstetric_fistula. Hard copy available from World Health Organization, Department of Reproductive Health and Research, Documentation Centre, 1211 Geneva 27, Switzerland (rhrpublications@who.int).

This manual contains chapters on social integration and rehabilitation, nursing care, physiotherapy and operative principles. A summary of the manual is given by de Bernis L. *Int J Gynaecol Obstet* 2007; **99**(suppl 1): S117–21.

Hancock B. *First Steps in Vesico-Vaginal Fistula Repair*. London: Royal Society of Medicine Press, 2005.

This is a practical account for doctors and nurses new to fistula surgery.

Breen M. *Teaching Notes for Obstetric Fistula Repair*. CD, available from Michael Breen, Monze Hospital, PO Box 660029, Monze, Zambia (mbreen@zamnet.zm), or from Brian Hancock at the address below.

This is an amazing resource, consisting of detailed notes of the operative steps for all the major procedures in fistula surgery. In many ways, it is complementary and much more detailed than this present publication. It is based on Michael Breen's extensive experience at Monze Hospital, Zambia.

Teaching Videos (DVD format) from the Addis Ababa Fistula Hospital:

Part 1: Repair of a Simple Vesico-Vaginal Fistula by Catherine Hamlin (40 minutes)

Part 2: Three More Repairs from the Addis Ababa Fistula Hospital (40 minutes).

Obtainable from Brian Hancock, 21 Yealand Rd, Yealand Conyers, Lancashire LA5 9SG, UK (brian@yealand.demon.co.uk).

These videos were made in 1999. Some of the recommendations in the procedures and commentary would now be modified. Part 1 is of particular value as a lasting record of Catherine Hamlin operating and describing so clearly the repairs that she is performing.

Suppliers

Instruments

- Boyd–Stille tonsil scissors (ART No. 101-8420 17 cm)
- Sharp-pointed special Stille–Matarasso scissors (ART No. 101-8458-71)

both from Stille Surgical AB, Sundbybergsvägen 1A, SE-171 73 SOLNA, Sweden (www.stille.se).

- Thorek scissors

from Aesculap (www.surgical-instruments.info).

Clip-on headlight

- Voroscope LED Illumination and Magnification System

from Nuview Ltd, Unit 26, Daniels Industrial Estate, Bath Rd, Stroud, Gloucestershire GL5 3TJ, UK (www.voroscopes.co.uk).

- DC-1 LED Light

from Lemonchase, The Brewery, Bells Yew Green, Tunbridge Wells, Kent TN3 9BD, UK (www.lemonchase.com).

In other countries, similar headlights can be found in resources for dental surgeons.

Needles and sutures

Needles

- *J-shaped fish-hook needles*

from Surgicraft Ltd, 11 The Oaks, Clews Road, Redditch, Worcestershire B98 7ST (www.surgicraft.co.uk or info@surgicraft.co.uk).

Ethicon sutures

- Monocryl 3/0, W3625: 5/8-circle 26 mm round-bodied
- Vicryl 2/0, W9160: 5/8-circle 36 mm round-bodied
- Vicryl 2/0, W9020: Ligapack dispenser reel 2.5 m.

Polysorb sutures

- Polysorb 2/0: Product code UL878 (5/8-circle 27mm needle)

is an excellent suture on a strong, small 5/8-circle needle from Covidien Syneture (www.syneture.com); available in UK from Squadron Medical Ltd (tel: +44(0)1246 470999).

Urethral plugs

These are available from Rochester Medical Corporation, One Rochester Medical Drive, Stewartville, MN 55976, USA (www.rocm.com).